Florida \_\_\_\_ Department of Health in Orange County



# BBB NEWSLETTER July - August 2022

Welcome! Bellies, Babies & Beyond (BBB) created a newsletter to connect with community partners and members.

The BBB Newsletter is a bi-monthly snapshot of all things BBB. We will inform you of our class schedule, community engagement events, and bring awareness to important maternal and child health topics.

### Did you know, August is National Immunization Awareness Month?

According to the Centers for Disease Control and Prevention (CDC), this annual observance highlights the importance of getting recommended vaccines throughout your life. The CDC encourages you to talk to your doctor, nurse or healthcare professional to ensure you and your family are protected against serious diseases by getting caught up on routine vaccination.

As your children head back to school this fall, it's particularly important for you to work with your child's doctor or nurse to make sure they get caught up on missed well-child visits and recommended vaccines.

Parents, remember to take care of yourself too! Make sure to receive any vaccines you need to stay healthy. Use CDC's adult vaccine assessment tool to see which vaccines might be right for you.

We hope you enjoy!

### Join Our Fatherhood Program Today!

- A free case management initiative to strengthen family resiliency by encouraging paternal involvement and education.
- Housing
- Job training
- Social Services & Nutritional Counseling
- Legal & Child Support
- Mental Health Counseling
- Anger Management

For more information contact our Fatherhood Coordinator Luc Desir at (407) 723-5209



## **Upcoming Classes:**

#### W.I.S.E. (Summer 2022)

July 13, 20, 27 August 3, 10, 17 6:00 p.m. - 8:00 p.m. Location: Virtual (Microsoft Teams) *Women Infant Support Education* 

#### E.A.M.I. (Summer 2022 Session #1)

June 14, 21, 28 July 5, 12, 19 1:00 p.m. - 3:00 p.m. Location: 5151 Raleigh Street, Suite B Orlando, FL 32811 Educación y Apoyo a Mujeres e Infantes E.A.M.I. is the Spanish speaking version of W.I.S.E.

#### E.A.M.I. (Summer 2022 Session #2)

July 6, 13, 20, 27 August 3, 10 6:30 p.m. - 8:30 p.m. Location: Virtual - Microsoft Teams Educación y Apoyo a Mujeres e Infantes E.A.M.I. is the Spanish speaking version of W.I.S.E.

#### Safe Ride 4 Babies Car Seat Class

July 1 & August 5 9:00 a.m. (Spanish) 11:00 a.m. (English) Location: 475 Story Rd Ocoee, FL 34761

#### **Childbirth Class**

August 6 (English) August 13 (Spanish) 9:00 a.m. - 4:00 p.m. Location: 5151 Raleigh Street, Suite B Orlando, FL 32811

August 2, 9, 16, 23 (English) 6:30 p.m. - 9:30 p.m. Location: 5151 Raleigh Street, Suite B Orlando, FL 32811



#### **Benefits of Breastfeeding**

July 11 & August 8 (English) 7:00 p.m. - 8:00 p.m. Location: Virtual - Microsoft Teams

July 25 & August 22 (Spanish) 7:00 p.m. - 8:00 p.m. Location: Virtual - Microsoft Teams

#### Breastfeeding Support Group

July 12 & August 9 (English) 10:30 a.m. - 11:30 a.m. Location: Virtual - Microsoft Teams

July 26 & August 23 (Spanish) 10:30 a.m. - 11:30 a.m. Location: Virtual - Microsoft Teams

For 24/7 DAD class dates & time call 407-723-5209

Scan the QR code to sign up for classes



Want to collaborate on a community event? Contact our Community Engagement Coordinator Charnae DeBose at (407) 723-5407 or charnae.debose@flhealth.gov